



# Meals Service

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# Summer Menu

Meeting the Needs of our Community



## Week 4

### MONDAY

- Roast Beef
- Veal Parmesan
- Leek & Kumera Frittata
- Apple Fruit Pie & Custard
- Berry Delight (Suitable for Diabetic)

### TUESDAY

- Salad
- Chicken & Vegetable Pie
- Beef Bombay
- Pineapple Delight
- Honeycombe Buzz Custard (Suitable for Diabetic)

### WEDNESDAY

- Salad
- Roast Veal
- Pasta Carbonara
- Chocolate Fudge Cake
- Apple/Berry Crumble
- Diabetic Lemon Dessert

### THURSDAY

- Cheese & Bacon Pie
- Roast Chicken
- Beef Goulash
- Bread & Butter Pudding
- Mango Mousse (Suitable for Diabetic)

### FRIDAY

- Salad
- Grilled Fish & Asparagus Sauce
- Beef Patties & Mushroom Sauce
- Tiramisu
- Pear Strudel
- Diabetic Banana Brulee

## Week 1

### MONDAY

- Veal & Creamy Tomato & Mushroom Sauce
- Chicken & Sweet Potato Curry
- Spinach & Feta Cheese Roll
- Baked Cheesecake
- Banana Brulee (Suitable for Diabetic)

### TUESDAY

- Roast Pork
- Salad
- Lamb Rogan Josh (Curry)
- Peach Crumble & Custard
- Tiramisu
- Diabetic Berry Dessert

### WEDNESDAY

- Roast Beef
- Broccoli Cauliflower & Cheese Triangles
- Salad
- Sticky Date Pudding
- Strawberry Mousse
- Diabetic Crème Caramel

### THURSDAY

- Savoury Meat Crepes
- Roast Chicken
- Creamy Mushroom & Bacon Pasta
- Apple Crunch & Custard
- Chocolate Fudge Cake
- Diabetic Lemon Dessert

### FRIDAY

- Fish & Chips
- Ham & Mushroom Frittata
- Salad
- Bread & Butter Pudding
- Pineapple Sponge & Custard
- Diabetic Mango Mousse

## Week 2

### MONDAY

- Beef Canneloni
- Chicken Schnitzel
- Spanish Beef Casserole
- Apricot Pie & Custard
- Vanilla Slice
- Diabetic Strawberries & Cream

### TUESDAY

- Lamb Portuguese with Tomato
- Salad
- Beef Bombay
- Berry Dessert (Suitable for Diabetic)
- Peach Crumble & Custard

### WEDNESDAY

- Roast Beef
- Salad
- Satay Chicken Triangles
- Apple Wildberry Crumble & Custard
- Honeycombe Buzz Custard (Suitable for Diabetic)

### THURSDAY

- Roast Chicken
- Greek Pastitso
- Veal with Creamy Tomato & Mushroom Sauce
- Panacotta
- Pineapple Delight
- Diabetic Pineapple Sponge & Custard

### FRIDAY

- Salad
- Grilled Fish & Chips
- Lasagne
- Apple & Wildberry Crumble & Custard
- Chocolate Mousse (Suitable for Diabetic)

## Week 3

### MONDAY

- Beef Patties
- Potato Cauliflower Leek & Ham Bake
- Roast Pork & Gravy
- Pear Strudel
- Banana Custard (Suitable for Diabetic)

### TUESDAY

- Salad
- Szekely Cabbage Casserole (Pork & Cabbage)
- Chicken Napolitana
- Baked Cheesecake
- Sticky Date Pudding
- Diabetic Mango Mousse

### WEDNESDAY

- Salad
- Beef Stroganoff
- Fish Mornay
- Apple Slice & Custard
- Strawberry Mousse Cake
- Diabetic Strawberries & Cream

### THURSDAY

- Salmon Patties
- Roast Beef
- Veal Schnitzel & Lemon Sauce
- Vanilla Slice
- Banana Brulee (Suitable for Diabetic)

### FRIDAY

- Beef & Mushroom Pie
- Salad
- Fish & Chips
- Peach Crumble & Custard
- Cream Caramel (Suitable for Diabetic)